

Winter
BIKE TO WORK DAY

February 11th, 2022





OULU, FINLAND

SOURCE: THEGUARDIAN.COM



COPENHAGEN

SOURCE: COPENHAGENIZE.COM



WINTER BIKE LOVE STRIKE

SAVE WINTER. RIDE WITH US

POWERED BY ADFC BERLIN

FREITAG, DEN 14. FEBRUAR
16 BIS 18 UHR

BERLIN

SOURCE: ADFC BERLIN

TORONTO

SOURCE: WWW.CYCLETO.CA





Why?



- INTRO TO WINTER COMMUTING
- ENCOURAGEMENT TO PUSH YOUR LIMITS



Breakfast Stations



MANCHESTER MOVES BREAKFAST STATION @ PISCATAQUOG BRIDGE IN MANCHESTER

Stop by for refreshments and encouragement
from 6:30–9:00am

BREAKFAST SPECIALS @ THE GRIND RAIL TRAIL CAFÉ IN DERRY

Stop by for special “grab & go” items from
8:00–10:00am. Working remotely? Come work
from The Grind and receive a special
discount!



Afternoon 'Refuel'



AFTERNOON SNACKS @ QUEEN CITY BIKE COLLECTIVE IN MANCHESTER

Pedal over to QC Bike Collective for free hot cider
and doughnuts from 4:00–6:00pm.



Park 'N' Ride



- **WEST SIDE ICE ARENA
(MANCHESTER)**

Follow the signs to the REAR parking lot

- **ABBOTT COURT LOT
(DERRY)**



Goals



ECONOMIC DEVELOPMENT

FOSTER RELATIONSHIPS

PHYSICAL, MENTAL, SOCIAL
HEALTH

HAVE FUN!

Save the Date



- Bike to School Day – May 4th
- Bike to Work Week – May 16–22nd
- Bike to Work Day – May 20th
- Walk to School Day – October 5

Questions or Comments?



GET IN TOUCH!



TAMMY ZAMOYSKI
REGIONAL PLANNER

tzamoyski@snhpc.org

603-669-4664