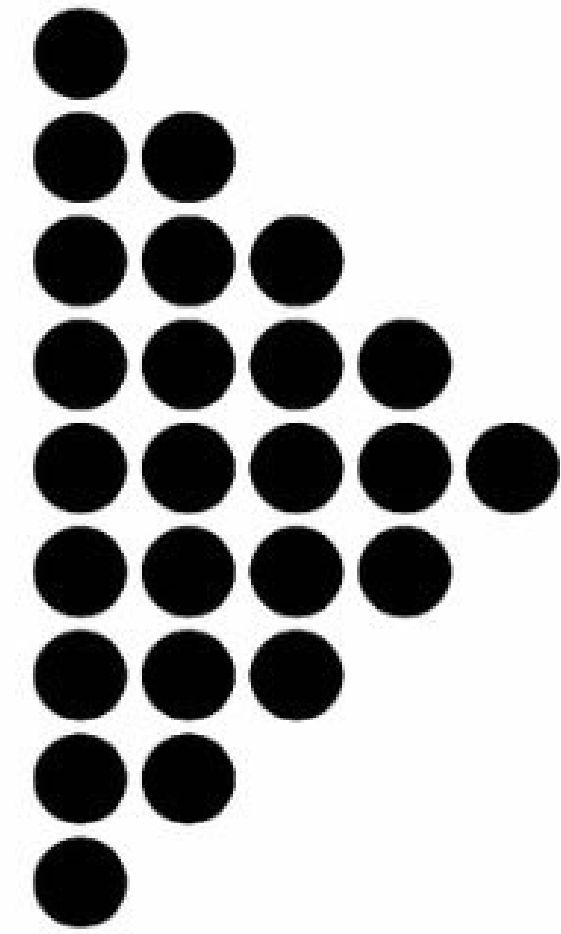


#WEEK WITHOUT DRIVING



OCTOBER 2-8, 2023

**CHALLENGE
OVERVIEW**

**SNHPC MPO
08-22-23**

GOVERNMENT HEALTH

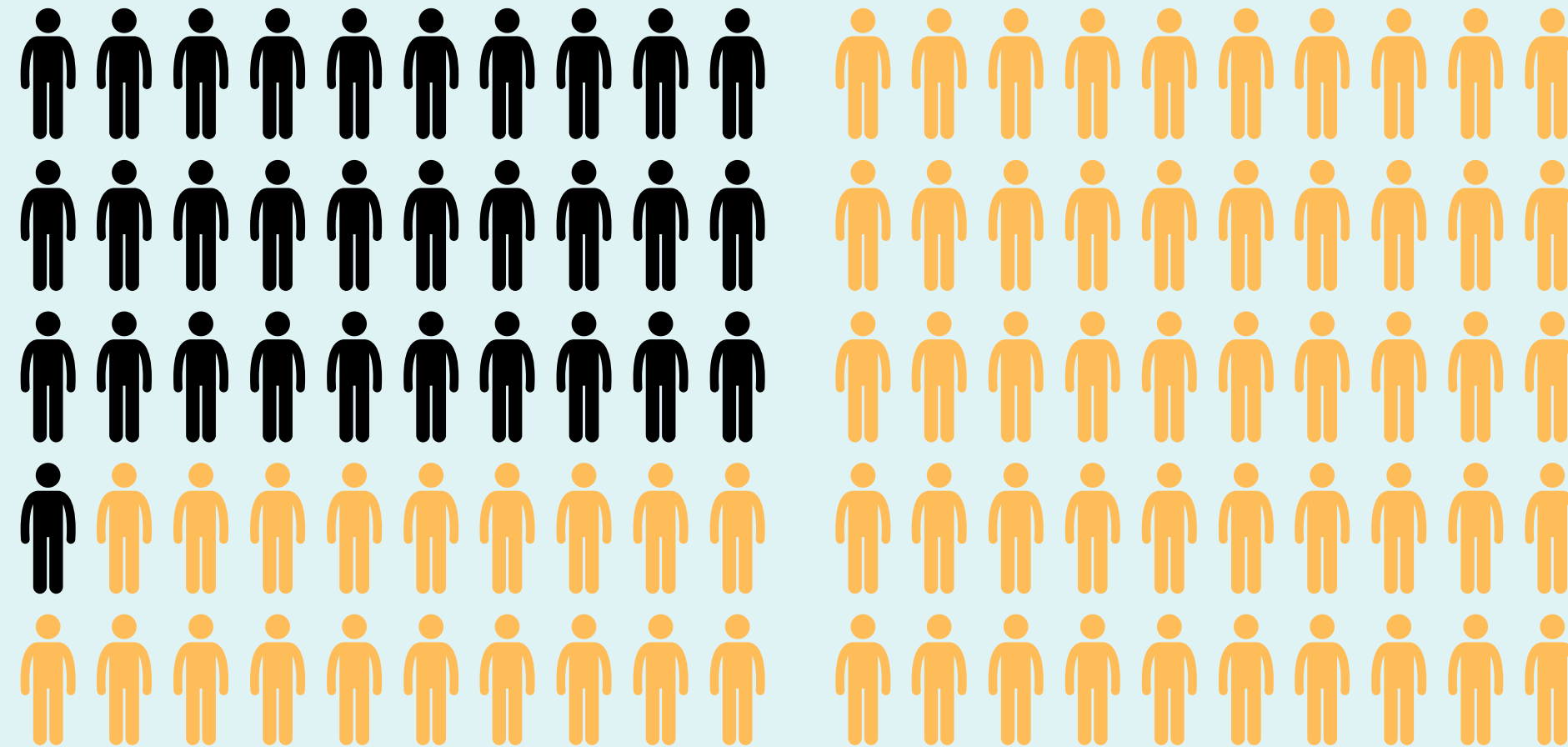
What connects smoking, obesity, and social isolation? Each can kill you.

BY: ANNMARIE TIMMINS - AUGUST 21, 2023 5:00 AM



#WEEK
WITHOUT
DRIVING




NONDRIVERS



31 out of every 100 residents in the US lack a driver license
(USDOT, 2020)

LEARN WITH US!

OUR MPO COMMISSIONERS PLAY AN IMPORTANT ROLE IN THE REGION



-  Establish the goals, objectives and policies governing transportation planning in the region.
-  Direct the preparation and adoption of long and short-range strategies of the Transportation Plan.
-  Recommend projects for implementation through the adoption of the Transportation Improvement Program (TIP).



OCTOBER 2-8, 2023



CHALLENGE RULES:

-  Participants can get around however they want, **but can't drive themselves.**
-  This applies to all activities. You can ask someone else to drive you or pay for rides, but note how much this costs you, both financially or in favors.

SHARING YOUR EXPERIENCE

 Email prompts during the week

What unanticipated challenges have you encountered so far?

What, if anything, has been a pleasant surprise?

 **#WeekWithoutDriving** on social media

"I plan to be even more vocal about changes to the built environment to make sure that everybody can get around: better street lighting, more sidewalks and sidewalks in underserved neighborhoods so that folks don't have to walk directly along a busy street."



*Everett City
Council Member*
Paula Rhyne

"Going through a week as if I was unable to ever drive myself or my family, and had to rely entirely on other means of transportation taught me a lot about how our system works and doesn't work, especially for people with disabilities."



*King County
Councilmember*
Claudia Balducci

"The Week Without Driving was a really great reality check to think about the decisions that I make as a school board director. Even though we may say 'You're Welcome,' the actions that we take convey a really different message to our families and our community."



*Olympia School
Board Member*
Hilary Seidel

"It changed my whole life. I had to think about how do I pick up dog food for my very large dog that eats a lot? How do I get to work every day and make sure that I can move around safely? I had to think about when I can leave, how I get there, what I'm going to wear."



*Pierce County
Councilmember*
Jani Hitchen

"I did end up driving every day of my #WeekWithoutDriving. I had some emergency medical stuff come up that required impromptu doctor visits. Which led to a lot of deeper reflection: if I didn't have access to a vehicle, how would I have scheduled this doctor's appointment? How would have I gotten here? How long would it have taken? Or could I even reach the destination?"



*Pierce County
Councilmember*
Marty Campbell

"Trying to depend entirely on our public transportation system makes it all the more clear that investments in transit should be a top priority. So many communities across our state depend on this vital resource, and they each deserve reliable and accessible options for their commutes!"



State Senator
Rebecca Saldaña

"It reinforces the holes in our ped/bike transportation system. If you're not out there walking and biking and experiencing it, you have no idea how important it is to fill those holes."



Mayor of Bellevue
Lynne Robinson

"I'm an avid bus rider. I love to walk and bike, but really forcing myself to do it for a full week was so valuable and so important, especially for those of us who are making decisions about our transportation system."



Tacoma Council Member
Kristina Walker

"This week is a reminder that mobility is a human right. And it's also a reminder that so many people in our region are excluded from this right, simply because driving for them is not an option."



*King County
Councilmember*
Girmay Zahilay

SHARING YOUR EXPERIENCE

- Late October: debrief and lessons-learned conversation with the New Hampshire challenge organizing team
- November: national organizing coalition

NOT POSSIBLE TO NOT DRIVE?

- Walk, bike, or scoot to the nearest school to see how students might get there independently. Participate in Walk & Roll to School Day October 4th.
- Take public transit or ride sharing to grocery shop. (MTA/ CART serves 7/14 SNHPC towns!)
- Walk or bike around your neighborhood to get some exercise. What do you notice?
- How can we work together to level the playing field for non-drivers?



OCTOBER 2-8, 2023

SIGN UP!

PLANNING COMMISSION

Phone: 603-669-4004
Fax: 603-669-4350

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Working Together
for the Future of
Southern New Hampshire

REGIONAL HOUSING NEEDS ASSESSMENT

Commission / MPO
Traffic Counting
SNHPC Foundation

#WEEK WITHOUT DRIVING!

Week Without Driving Challenge-
October 2-8, 2023 »

What if you couldn't drive? What if taking the bus,
riding a bike, walking or asking for rides weren't

Calendar

August

M	T	W	T	F	S
		1	2	3	4
6	7	8	9	10	11
13	14	15	16	17	18
20	21	22	23	24	25



[HTTPS://FORMS.GLE/XP9ZADRYKEOMNED9](https://forms.gle/XP9ZADRYKEOMNED9)



QUESTIONS OR IDEAS?

TAMMY ZAMOYSKI

REGIONAL PLANNER

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OCTOBER 2-8, 2023

