

NEW HAMPSHIRE CHILDREN'S HEALTH FOUNDATION



Southern New Hampshire Planning Commission August 23, 2022

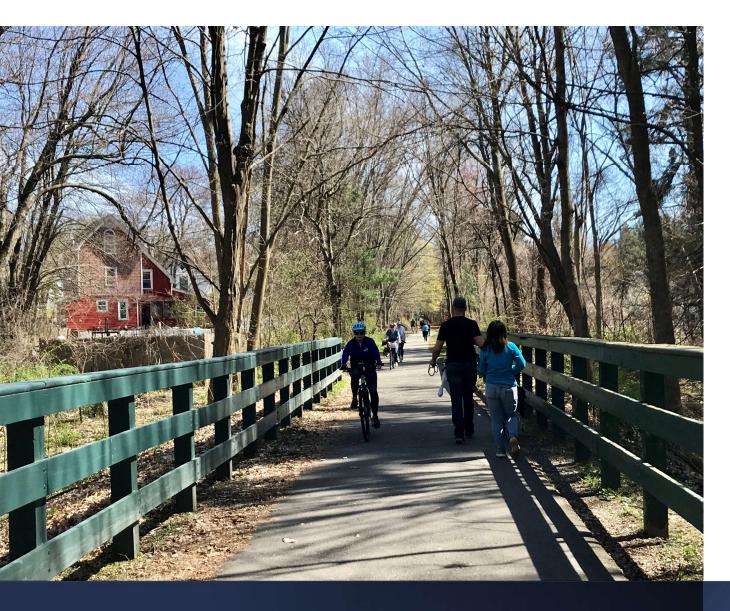
Overview

- Funded by the NH Children's Health Foundation
- Inspired by the success of the Strafford Regional Planning Commission's Pathways to Play Project



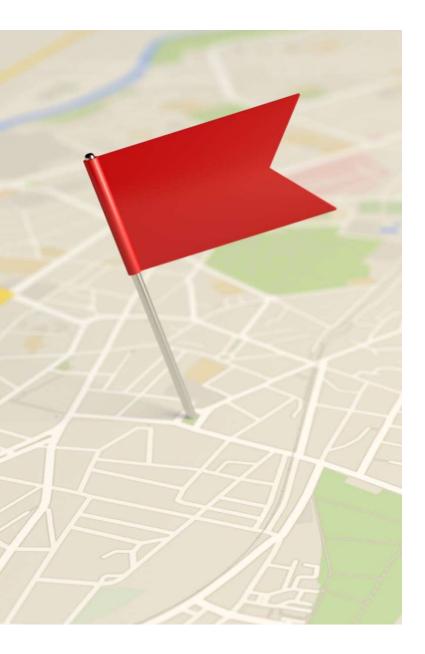


Pathways to Play: A Roadmap to Active Recreation 2019 Somersworth Pilot Project Report



NHCHF Grant Priorities

- Prevent childhood obesity in children up to age 5
- Build support for state & local policies & practices to prevent childhood obesity



Project Outcomes

- Communities will have improved data and maps they can use to promote recreation opportunities across the region.
- Increase base knowledge and awareness in the region about local and regional recreational facilities and transportation infrastructure gaps.
- Municipalities and transit organizations will better understand barriers to accessing recreational opportunities.

Project Overview



1 regional recreation asset GIS layer



14 maps for each SNHPC community



Resident survey



Community Pilot Program

Project Overview



1 regional recreation asset GIS layer



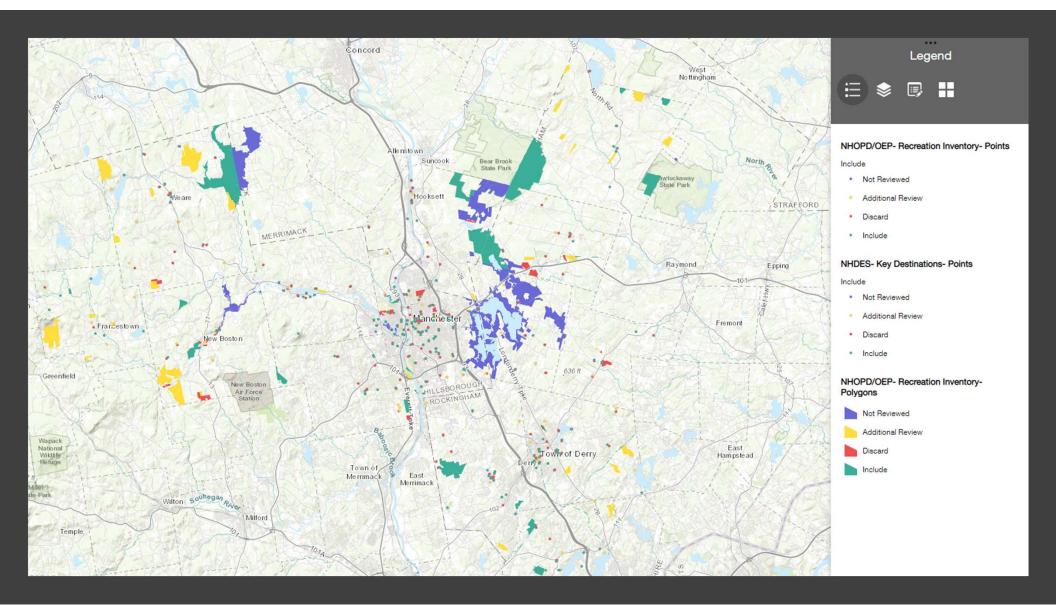
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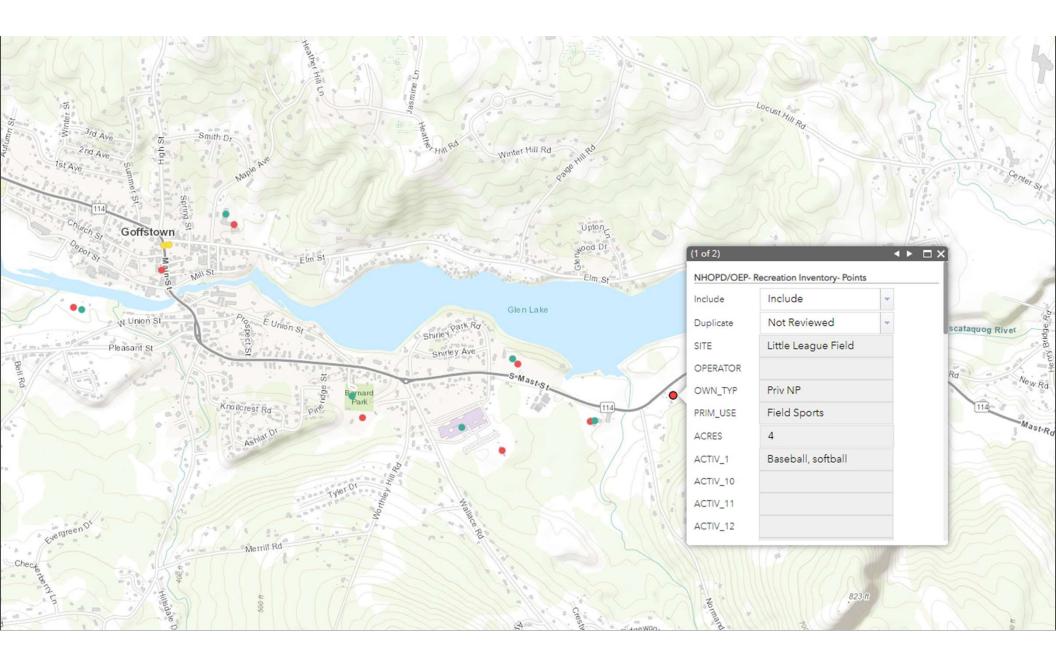


Resident survey



Community Pilot Program





Resident Survey

Purpose

To develop and conduct resident surveys to better understand if residents know about:

- The existing parks, recreation programs, and services in their communities and region,
- To identify accessibility concerns in accessing facilities and programs,
- To identify transit knowledge and needs, and
- To better understand the recreational facility and program needs of residents and caretakers of children in the target age group.



Resident Survey Results Update

- Open May 2022 through October 2022
- 214 total responses so far
- 89% of respondents are either parents or grandparents, 5% are teachers
- Majority of responses so far are from New Boston and Chester

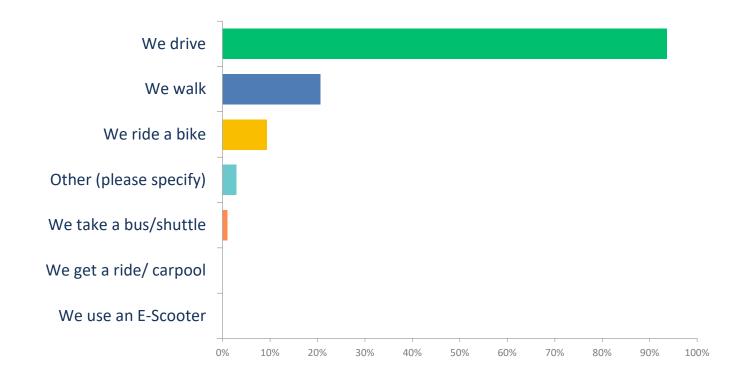


Resident Survey Results Update

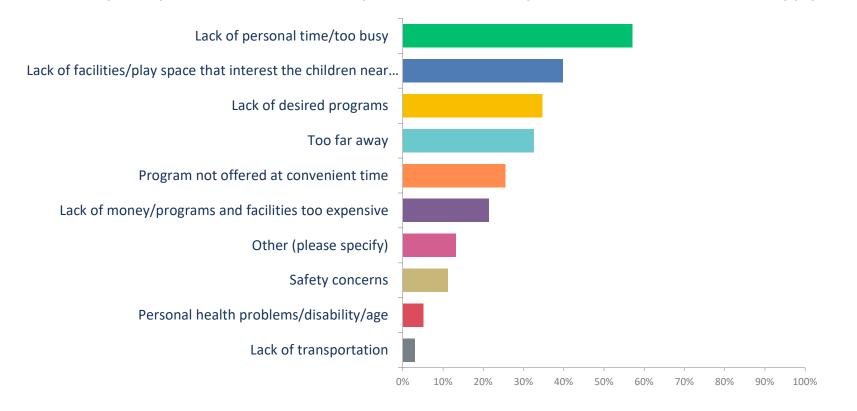
Q3 What recreational facilities (parks, nature areas, gyms, playgrounds, trails) do the young children (age 5 or under) in your life enjoy in your community, if any?

ball fields elementary school Livingston Park Play ground beach parks Derry nature areas well Chester Academy None area Roy nature skate lake N walking trails soccer Playground rail trail center fields wason Rail Trail behind town hall park playground behind town playground chester trails YMCA Wason Pond bike town pool School playground chase Park library walking pond gym baseball fields Many splash pad swimming New Boston Bolton Park Don Ball Park Joppa hill School Park Hood Park local hiking trails

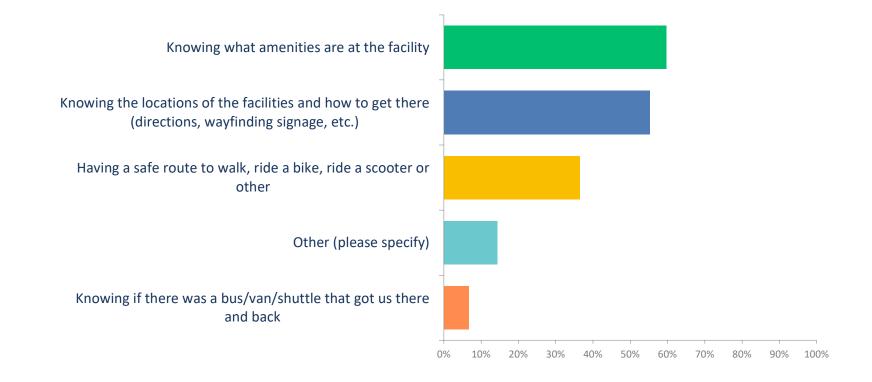
Q4: How do you typically access those facilities?



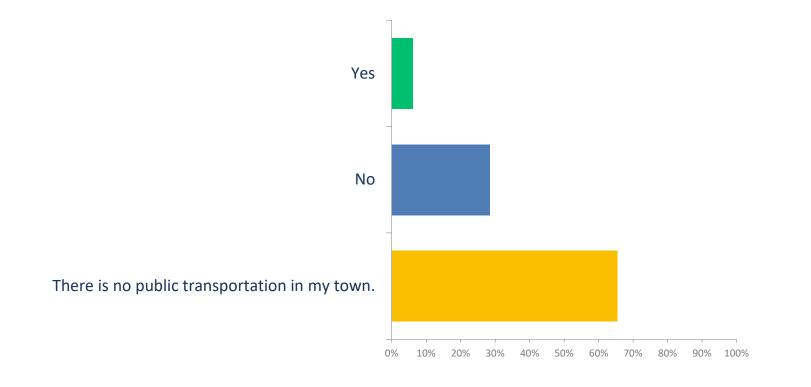
Q8: If you answered "No" to the above question, why are you and members of your household not able to participate in active recreation pursuits as often as you would like? Check all that apply.



Q9: Whether for the first time or just more frequently, what might help you to visit recreational facilities in your neighborhood or community?

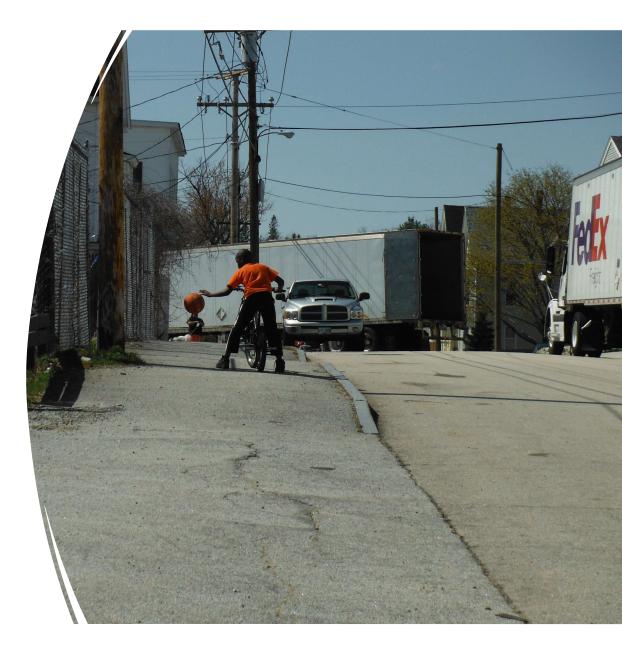


Q12: Are you familiar with public transportation options that would take you to recreational facilities in your neighborhood /in town?



Next Steps

- Survey Analysis and Survey Report
- Work with municipalities to review the GIS layer and develop maps for each community
- Work with the PTP Stakeholder Group to develop the Pilot Project Application and solicit projects from communities.





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